

Relationships and Sexuality Education Programme – Sensitive Lessons

Score Levels	Which lesson?	Phrases Used / Questions Posed	Terminology Used	Implication for lessons
JI	•	• No implication for Sensitive Lessons	•	•
SI	<ul style="list-style-type: none"> Lesson 6: New Life Lesson 7: My Body 	<ul style="list-style-type: none"> Where does milk for a baby come from?(Lesson 6) How can you tell if a person is a boy or girl? (Lesson 7) At the pool what parts of the body can you see? (Lesson 7) 	<ul style="list-style-type: none"> Breast feeding Penis, Vagina, Urethra, Vulva Private parts 	<ul style="list-style-type: none"> Breasts identified and terminology used Boy and girl body parts identified Private parts are the parts which are covered by a swim suit
1 st	<ul style="list-style-type: none"> Lesson 6: The Wonder of New Life Lesson 7: How my body works 	<ul style="list-style-type: none"> Revision of all terms from Senior Infants Where was the baby before it was born? (Lesson 6) What happens to food that body doesn't want or need (Lesson 7) 	<ul style="list-style-type: none"> Womb Urine passes through boy's penis, girl's urethra 	<ul style="list-style-type: none"> Womb described in the body distinguished from the mother's tummy. Urine passes through boy's penis, girl's urethra
2 nd	<ul style="list-style-type: none"> Lesson 6: The Wonder of New Life Lesson 7: When My Body Needs Special Care 	<ul style="list-style-type: none"> Revision of all terms from Senior Infants and First Class How long is baby in the womb? How did the baby get out of the womb? Part of the body where a baby is joined to it's mother/ feeds the baby 	<ul style="list-style-type: none"> Baby is in the womb for 9 months Umbilical cord 	<ul style="list-style-type: none"> Baby passes out of the womb through the vagina Mother and baby are joined by the umbilical cord
3 rd	<ul style="list-style-type: none"> Preparing for New Life 	<ul style="list-style-type: none"> Revision of all terms from Senior Infants to 2nd Class Function of the umbilical cord is to bring nutrition (oxygen and food) to the baby What happens to the umbilical cord? Revision of how baby comes out of the womb? 	<ul style="list-style-type: none"> Navel, belly button 	<ul style="list-style-type: none"> Umbilical cord is cut, makes a navel, belly button
4 th	<ul style="list-style-type: none"> Lesson 6: The Wonder of New Life (From fertilized egg to conception and birth) Lesson 8: Growing and Changing 	<ul style="list-style-type: none"> Revision of all terms from Senior Infants to 3rd Class Womb prepares lining, becomes thicker, has liquid Fertilised egg similar in size to full stop Hormones cause changes in the body, turns boys to men and girls to women Girls begin to menstruate/ period lasts 3-5 days/ egg travel down a tube/ lining dissolves and mixes with blood, leaves the body through the vagina Voices changes/ mood changes/ increase in body hair 	<ul style="list-style-type: none"> Lining, fertilized egg, sac, liquid Girls hips widen, breasts develop Boys body becomes muscular, shoulders broaden, penis grows Menstruation, getting a period Egg released Period pads/ sanitary towels Boys – chest/leg/ underarm/ pubic hair Girls- underarm/ pubic hair 	<ul style="list-style-type: none"> Lesson starts with a fertilized egg, earlier stage of conception refer to parents Lesson 8 outlines physical changes in girls, boys using the terminology listed

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5th	<ul style="list-style-type: none"> My Body Grows and Changes Lesson 6 	<ul style="list-style-type: none"> Revision of all terms from Senior Infants to 4th Class What changes take place in puberty? What is puberty? Irregular/regular cycle Period stops during pregnancy Perspiration increases / oily skins How do sperm and egg meet? What is sexual intercourse? Penis enters woman's vagina/ revision of menstrual cycle/ mid way through cycle ovum is released/ travels in fallopian tube/ if ovum fertilized during sexual intercourse conception takes place/ fertilized egg embeds in womb/ period stops/ if no conception period takes place and ovum is shed through the vagina (period)/ missed period can indicate pregnancy/ pregnancy text 	<ul style="list-style-type: none"> Reproductive organs Perspiration increases/Oily skin and pimples/ Growth spurts Cervix neck of the womb Ovary, fallopian tube, ovum, ova Semen, testicles, sperm, testosterone, scrotum, reproductive cells, ejaculation, sexually excited, penis stiffens, erection, wet dreams, nocturnal emissions, Sperm and egg meet creates fertilized egg 	<ul style="list-style-type: none"> Diagram used to demonstrate all parts discuss in the lesson Sexual intercourse happens in terms of a loving and committed relationship
6th	<ul style="list-style-type: none"> Lesson 2: Different Kinds of Love Lesson 4: Keeping Safe and Healthy 	<ul style="list-style-type: none"> Revision of all terms from Senior Infants to 5th Class Male/ Female different kinds of love What is Aids/ how is AIDS passed – from one person to another during sexual activity All of puberty, beginning of new life, conception, pregnancy and birth revised in detail 	<ul style="list-style-type: none"> AIDS/ sexual activity/sharing syringes 	<ul style="list-style-type: none"> AIDS and drugs presented as outlined in the lesson

Important for teachers to know :