

Shopping List / Equipment list

List of Goodies

Block of Ice-cream & wafers	Blowing Bubbles
2 packs of jelly snakes	water pistols
Multi-pack of popcorn	Party bags
Strawberries & dipping chocolate	Paper / Plastic cups
Mi-Wadi (flavour of your choice)	

Running

Equip

Red, Yellow, Green cones
 Hola hoops
 Quoit
 Cones

Bean Bags

NB: for the funny faces game, the children could make the faces, colour them in and cut them from cardboard. The pieces could then be mixed up in the playing area and players must make the face from this. It could add to the fun.

Household Alternative

Circles cut from cereal box coloured red, yellow, green
 Skipping Rope / Rope
 Circles cut from Cardboard
 Paper plates
 Rolled-up socks / Clean socks filled with rice

Kicking

Equip

Football or any ball
 Cones
 A4 Sheets & Twistables / Crayons
 Skittles

Household Alternative

Cans of beans, Cereal boxes, Toy boxes
 used 2L Water bottles

Throwing

Equip

Tennis Balls
 Small (Size 1) Balls
 skittles / Cones
 cones

Household Alternative

Used 2L bottles
 Toy cars, teddies, books standing on their edge

Balancing

Equip

Skipping rope
 Ground Chalk
 Anything from the toy room, Kitchen or Garage for the Obstacle course

Household Alternative

Landing

Equip

cones
 agility poles
 Hola Hoop / Skipping rope
 Elastic bands

Household Alternative

water bottles
 Brush / Mop

Traditional School Sports

Equip

Desert spoons
 egg
 Black sack / turf bag
 Twister mat
 Ball

Household Alternative

Coloured ground chalk / Coloured paper plates
 teddy bear / Rolled up pair of socks